

## New Presenters

We welcome two new presenters who have recently joined the team. Keep a look out for some new voices on the radio.



### Prudence Vernall

Prudence is also a new presenter at Golden Days Radio, however, certainly not a new listener. Not a lover of modern music and having discovered the pleasurable sounds of GDR many years ago, she has been a committed listener ever since.

Coming from a background as an Executive Personal Assistant in New Zealand, Australia and England, now in retirement, Prudence is keen to share her time in community endeavours. Prudence is actively involved with the Brighton Bayside Life Activities Club. She is commencing her fourth year as the Club's Membership Secretary and was President last year.

A keen gardener and golfer, Prudence is very much looking forward to becoming involved in the fascinating complexities involved in the world of radio, becoming familiar with the listening audience and the dedicated volunteer team at GDR.



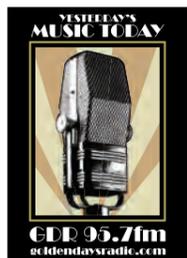
### Jack Sauderson

I was born in the mid-north of South Australia and attended primary school there. With no local high school, I went to boarding school in Adelaide for four years and completed my final year at Whyalla. I worked as a clerk for BHP at Whyalla and Iron Knob, and then joined the RAAF as a trainee radio technician. After training I spent five years at Woomera and was then commissioned and attended RMIT for three years, graduating in telecommunications engineering. After leaving the RAAF I worked for 32 years at Andrew Corporation in Melbourne, manufacturing antennas and other external plant for the telecommunications industry.

On retirement in 2000 I undertook volunteer work at Mentone Citizens Advice Bureau and at Vision Australia where I presented the Early Morning Newspaper Program. My wife became ill and I had to withdraw from volunteering for about four years. I'm now back into it and delighted to be appointed a presenter at GDR95.7FM. I'm also a keen bridge player and play twice a week. I enjoy most forms of music, but I especially like music from the shows, light opera and Gilbert & Sullivan.

## Sponsors

We sincerely thank GDR95.7fm sponsors for their continuing support throughout the year. We encourage everyone to use our sponsors where possible and always tell them where you heard about them. Should you know of a business that may benefit from a GDR sponsor partnership, please contact us on 9572 1466 or email: [sponsorship@goldendaysradio.com](mailto:sponsorship@goldendaysradio.com)



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# THE GOLDEN BROADCASTER

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Newsletter of Golden Days Radio  
for Senior Citizens Inc.

Registered in Victoria No A.0025759L ABN 29 845 875 007



PATRON:  
Peter Smith OAM

## A message from our Patron



Christmas is a time of reflection; a time to look back, not only on the past year but all those years that have slipped by so quickly.

And yet for me, the one thing that remains from my earliest childhood memories is the love of radio.

As much as television is so much a part of our lives today, the impact of radio (the theatre of the mind) has never diminished. If anything the attraction of radio has become stronger, thanks in no small part to the magic of Golden Days Radio.

Travelling overseas I became so much more aware of the influence of GDR via streaming. No matter where my travels take me, I am never far away from my friends on this unique radio station that has kept us entertained for over twenty years now.

Now in my seventy ninth season, I am impressed with the way GDR is making some subtle but important program changes, in order to attract a new generation of "old" listeners while maintaining an all-important relevance with our long-time established audience.

Like so many of our Golden Days listeners I grew up "watching" The Search For The Golden Boomerang, Superman, Blue Hill's and D-24. I "watched" as the little mantle radio came alive with the music of Frank Chacksfield, Mantovani, Glenn Miller and Tommy Dorsey.

My favourites were the British Dance Bands featuring such names as Ray Noble, Geraldo, Billy Cotton and Harry Roy.

Then of course there were the unforgettable vocalists; a seemingly endless list of fine performers from Bing Crosby to Frank Sinatra and on up to the present day with newcomers like Michael Bubl  and Barbra Streisand, proudly paying homage to the music of the forties, fifties, sixties and beyond. The entertainers we adored as we grew up and grew older are all still very much alive thanks to Golden Days Radio.

GDR gives us a gift that truly goes on giving, not only throughout this festive season but all year long.

As Patron it is my privilege to wish you a very Merry Christmas and a 2019 filled with health, happiness, and the sounds of my favourite radio station.



Everyone at GDR95.7fm  
wishes you and your family  
a Merry Christmas and a happy  
and safe New Year.

## Would you consider leaving a bequest in your will to Golden Days Radio?

Your thoughtful legacy will ensure Golden Days continues to bring back the memories. Why not contact Larry James or Loretta Simmons for a personal confidential chat.

Thanks to a recent bequest we have new signage at the front of our building. People can easily find us now!



Golden Days Radio For Senior Citizens Inc  
1st Floor, 1236 Glen Huntly Rd (PO Box 287) Glen Huntly, Victoria 3163 Phone: 03 9572 1466



## President's Report

Since our last newsletter we have updated our station logo as you can see on the masthead. The new logo "freshens up" the station look and we've also put some exterior signage on the building in Glen Huntly Road so nobody can miss us now.

In addition, you've been hearing on the station for the past couple of months short links between some of our music tracks to let people know what station they are listening to. Overall, the changes have been received very well but with any change some people don't like it. I think over time we'll be very used to this new branding.

We've had several new volunteers join us this year and in particular some new presenters bringing new life into our "on air" schedule. This is very pleasing, and a warm welcome is extended to everyone.

A visitor to the station this year was Senator Mitch Fifield, Minister for Communications in the Federal Government together with Tim Wilson and David Southwick. We had asked the senator to visit our station to see community radio in action and we were delighted to receive his attention. We discussed a request made some 3 years ago to the ACMA (Australia Communications and Media Authority) where we have requested some additional signal strength and an enlargement of our LAP (licence area plan). We're pleased to say that the senator acknowledged our request and would be supporting it to the ACMA. We still await an outcome.

We released our new CD "Stepping out with Memories" earlier this year. Sales have been very good and would make an ideal Christmas present to friends and loved ones. The music on the CD comes from former presenter Paul Mason who has delved into his collection of 78 rpm records. Most of the tunes have never been included on a CD before.

I along with Peter Thomas and John Rowland attended the CBAA (Community Broadcasting Association of Australia) conference which was held at Broadbeach Queensland. This is the 3rd time we've been to these conferences and they provide a great insight into all aspects of community radio. It is also a good venue for connecting with people of like interests and we can share and explore any problems or opportunities.

I wish you and your family the compliments of the season.

Larry James, President

## Surviving the Silly Season by Dr David



### Here are a few tips on surviving Christmas and New Year...

- If it is a hot day remember to drink plenty of water. But don't drink it too cold and don't try to drink a lot at a time.  
Iced water can sit too long in your stomach and it just makes you feel sick. The best temperature to drink it is just below room temperature; cool but not cold. And it is best to take just one or two hundred mL regularly. Go slow and don't try to take it all in at once.
- This is a time for parties and that often means more than the usual amount of alcohol. To avoid too much hangover, remember to drink a glass of water for every glass of alcohol.
- Don't drink and drive. The holiday season is upon us and we all feel we can relax a bit and let our hair down. All those parties and barbecues; sunny days at the beach – you know the sort of thing...

- It is nice to have a drink but remember not to drink and drive. There is no future in hurting someone – or losing your driver's licence. Don't let alcohol hurt your holiday!
- Alcohol, sun and sand can be a dangerous mixture so don't go swimming when you have had a few drinks. You may think you can do it but is easy to get into difficulty and drowning can spoil your holiday.
  - › Don't get sunburnt. Slip, slop slap and slide...
  - › Wear sun proof clothing.
  - › Wear a wide brimmed hat to shade your face and ears.
  - › Slop on a sunscreen – and re-apply every few hours and after swimming.
  - › Slide on sunglasses.
- Barbecues are great! But keep in mind that you can't light the barbecue on a day of total fire ban. And don't forget to check the connections. Use some soapy water to make sure it is not leaking gas. And keep it clean; fat can burn easily and burns are not very nice.

Happy Christmas and a healthy and prosperous New Year!

Now... go ahead and have a wonderful holiday season.

## Need a Speaker for your group?

We have a number of presenters who would be delighted to speak at your next function. A good guest speaker does make for a successful meeting so, give Heather Swift a call on 9572 1466 to make a booking.

## Studio Tours

Another activity that we have at GDR is studio tours. Ever wanted to see how a radio station works? Well, you can by coming along to our monthly tours on the 2nd Wednesday of each month. Simply call the station on 9572 1466 to make a booking. All we ask for is a gold coin donation. There's lots of fun too.

## Heather's Christmas Hampers for the Christmas Luncheon

This hamper could be yours with goods personally selected by Heather.



## Positions Vacant

We're still on the lookout for more volunteers to assist us with the running of the station. Interested? Well here are some vacancies:

- Membership Secretary
- Sponsorship team members
- Admin support
- Receptionists

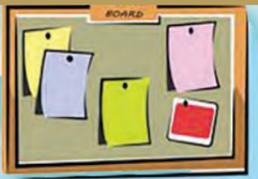
If you're interested, leave a message at reception (9572 1466) and we'll get back to you.

*Editor's note: John is very modest because without his input and experience it would not have happened so thank you John.*



The broadcast team:  
John, Tony, Ian, Julia, Ian and Peter

## NOTICE BOARD



### Meeting dates for 2019

GDR public meetings will be held at the Uniting Church Hall, Centre Road, Bentleigh at 10am on:

**17th April and 21st August AGM**

### Luncheons

The mid-year and Christmas luncheons are held at The Bentleigh Club, Yawla Street, Bentleigh on Wednesday 19th June and 11th December.

Reservations are required for these luncheons so keep listening to GDR95.7fm for the announcements.



## IT BITS (Information Technology)

### The Difference Between Podcasts and Streaming

Podcasting needs an Internet connection to only download the audio or video file. After that, you can listen to it on your computer or MP3 player away from the Internet.



Streaming requires a high-speed internet connection and may be susceptible to lag.

To stream GDR is to listen directly from the Internet. You don't actually download the audio or video file to your machine; instead, the file is played from a host server in real time.

### GDR Listen Live?

When you click on the GDR listen live icon, a separate window opens. By clicking on the white triangle, the streaming begins. The panel showing the time duration does not move because in this case we are listening in almost real time. You cannot use the slider to take go back to listen to something again if you miss heard it.

### GDR Podcasts

You can listen to podcasts whenever you like, and as many times as you like. Once downloaded when you listen to a podcast you are able to use the features of your player, to start again, jump forward, or if you missed something jump back and the play from that spot.

## Movies and Music – My Passion by Ian Mcleod

*I was 7 years of age when my parents moved from their rented villa in Elsternwick to a 50's style brick veneer home in East Brighton. I wasn't that interested in going to school, I was more fascinated with picture theatres and music.*

It wasn't long before I discovered the local cinemas in the Bayside area. Hoyts Southern Theatre in Hampton, Hoyts Centre Theatre in North Brighton, but the jewel in the crown in my opinion was the Dendy Theatre in Middle Brighton.

As a student, I got my first taste in movies as a 'film monitor' whilst at school. This basically meant, picking up films from the State Film Centre for official film events. Time moved on and as a young teenager, I was offered the job as an usher at the Dendy. The Ward family not only owned the Dendy, but also operated the Prince George cinema in Middle Brighton (now the Woolworths Supermarket).

This was an amazing period for me. Most of my mates were saving up for a car, but my priority was to purchase a reel to reel tape recorder. My Grundig TK33 recorder never left my side. I used to play radio stations and exchange tapes with like-minded mates.

The next miracle happened in 1957. I actually passed an exam, but not at Haileybury.

A 'Trainee Cinema Licence' was granted to me (thanks to Robert Ward). This meant employment at 10 shillings and sixpence for the Saturday matinée screenings. The Grundig TK 33 of course resulted in the recording all the MGM musicals! (strictly illegal)

Time moved on, and thanks to my dear friend and fellow 'trainee' projectionist Peter White we showed films and played British dance band music every Friday night without fail.

When I left school in 1959, naturally I wanted to work in a cinema or a radio station. My parents were horrified. So, I reluctantly finished up in retail.

Eventually followed the era of 'home cinema' and during this next period, I established my first home cinema in Cheltenham in 1966. Film hire at the time was £3,5 shillings. The home movie palace blossomed when my wife and I move to Beaumaris in 1974. The official opening at that time was the premier of Picnic at Hanging Rock.

During this period, we showed 1350 features and 3200 shorts and cartoons. The final feature for the closing performance at Beaumaris was Duck Soup (Marx Bros). The movie palace transferred to East Brighton 2004. Still with real film, but digital projection sadly was inevitable. In 2008 I applied to be a volunteer at Golden Days Radio. I fell in love with the GDR music as it brought back so many fabulous memories. There was no other station like it. The rest is history.

I was asked to fill in for 3 sessions over the Christmas period. Then, Larry James requested another fill in on a Wednesday night? I have been filling in Wednesday nights for the past 10years! (hooray for Hollywood). I consider it an absolute privilege to be a presenter at GDR. To meet and work with so many delightful people is pretty special. With the added bonus of interviewing and meeting world celebrities such as Shu-Cheen Yu, Julie Andrews, Caroline O'Conner, and Li Cunxin (Mao's Last Dancer). So, thank you Golden Days, I will not live forever, but your music certainly will.

I would like especially thank Graham and Alan from engineering who put in so much work to ensure it all came together, our interview team, Peter Thomas, Robert Anderson and Ian McLeod and anchorman Tony Bennett. Then there's Tim Symons and Frank Formica back at the Studio who kept us on air, Sandra Farber who handed out membership forms at Fed Square and a special thank you to Ian Cochrane and Ian McLeod who sat through many meetings preparing and planning and indeed lost sleep in order to ensure it would all come together. And it did. So, thank you. And to all of you who took the trouble to come into the city and see how were doing, a special thanks also.

Thanks to the success of this broadcast we now know that we are able to do OBs. John Rowland.

## From the General Manager

### THE BIG BROADCAST 2018

Well the big focus over the last few months has been on our first real outside broadcast (OB) for the Seniors Festival, held in Federation Square. If you didn't already know, it was a huge success and I would like to thank all who gave up their time to make it so.

We had a tent in a prime position and although we faced many challenges, including noise from the stage as we had no sound proofing, and other logistic problems but in spite of it all we conducted interviews throughout the six hour broadcast, walked right around Fed Square while live to air and had regular seamless crosses back and forth to the GDR studios. So well done everyone.

## Meet our Community Liaison Officer by Danny Miller

Qualifying in Pharmacy, I set up business in Sydney Road, Brunswick and 18 year later, move into the window furnishing business in St Albans and North Essendon. During that period, my wife Miriam and I formed a buying group for retailers in that industry, which became Australasian wide.

I have been involved in community activities, such as existed in Doncaster, acting in various capacities as membership chairman. Kindergarten president, sports chairman and vice president of the centre.

Our son passed away from motor neurone disease, and our two daughters and 9 grandchildren either qualified or are studying – journalism, law, psychology, physiotherapy, IT and business, science, nursing, biology and office management.

After playing tennis and soccer, I joined a lawn bowling club. Presently on the board of management of Armadale Bowls Club in South Caulfield, with various responsibilities. I received the honour of life membership this year.

Recently retired as convenor of the clay sculpture activity at U3A Glen Eira, but retained my interest in classical music classes, and the 30-member Peoples Choir.

I accepted an invitation to join Golden Days Radio, as Community Liaison Officer with duties that take me to local councils and community groups, seeking information that will benefit the community, passing this on to the presenters at GDR95.7fm, a task which has been most rewarding.

## Email Corner

Dear GDR,

*Whilst on holiday in Italy, I met someone who mentioned GDR. Since returning home I have listened for a while most days—almost a month now, and as a man in his seventies, I have enjoyed most of what I have heard.*

*Could I be your most distant listener — Google tells me I'm 16,787km away? I live in the heart of Norfolk, in the UK a town called Dereham*

*Congratulations to all those who have made this possible—I will continue to enjoy the radio station which gets closest to what I want to listen to. If I have managed to read the signs right I am at present listening to Pete Clemmens and am enjoying almost all of what I hear.*

*I would like to become a member, but with the difficulties around sending money from abroad to Australia will have to leave that as an ambition like winning an Olympic gold medal at my age. It would cost me four times the subscription to send you the membership fee. Maybe in another life!!*

*John Warner*

*Thank you for the very lovely soothing music via streaming.*

*National Education Museum, Canberra*

*Just like to say hello to you Melissa, (new kid on the block!!!), welcome to GDR. You're doing a fabulous job and the music is great. Michael Lynch used to do the 2 to 5 pm segment ... I have not heard him for a while. He, too, would put on a wonderful segment which I never, never missed and loved his music. I am an avid GDR listener. Love your segment too.*

*Have a good weekend.*

*Regards*

*Renee, from Clarinda*



# Around the Studio!

## Senator Mitch Fifield makes a visit

Senator Mitch Fifield, Minister for Communications is shown the music library with President Larry James and Tim Wilson MP, Member for Goldstein and David Southwick MP state member for the seat of Caulfield.



The Hon Dr Kay Patterson AO, the Age Discrimination Commissioner for the Australian Human Rights Commission and Loretta Simmons at a COTA Forum this year. Dr. Patterson affirmed The Australian Human Rights Commission welcomes the Federal Government's announcement of a Royal Commission into Aged Care.

Now to the Engineering Department with Alan Cosstick



Seniors Week was very busy for us as we conducted our first outside broadcast at Federation Square.

Left photo: Carol, Jeffrey, Joan and Helena helped out.



Right photo: Peter Thomas with Gerard Mansour, Commissioner for Seniors and Ian Cochrane.

We had a group photo to record the visit in which the Senator agreed to support our application for more power and a stronger signal.



We also attended Government House for the announcement of Senior of the Year. Here are Larry, Anna, John, Carol, Peter and Ian enjoying the hospitality.